Is Your Environment Adaptive Enough for Zero Trust?

Meeting zero trust security goals will require continuous analysis and access control.

Although most organizations still use firewalls as their first line of defense, last year's Executive Order (EO) 14028¹ stated concrete recommendations that included aggressive timelines. In an effort to make meaningful cybersecurity progress in protecting U.S. Government agencies, the directive requires them to secure both off-cloud and cloud services through zero trust principles within weeks and months rather than the distant objectives that were vague and directional. Both CISA (Cybersecurity Infrastructure and Security Agency) and NIST (National Institute of Standards and Technology) have been actively defining zero trust principles and how to implement them. It is predicted that as these new practices and methodologies become more common, they will spread over to privacy mandates for those who handle regulated information.

As part of this zero trust directive, the EO references five CISA pillars²: identity, devices, networks, applications and workloads, and data. EO 14028 required agencies to develop plans for implementing zero trust architecture. While we don't have the responses to this directive, NIST published³ its response as an open letter to help both government agencies and the public move forward.

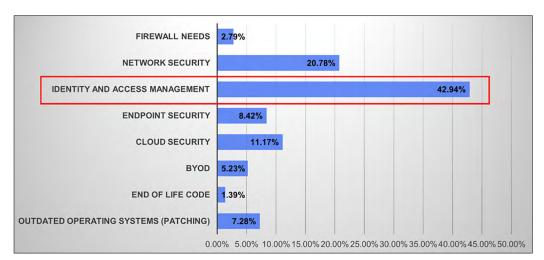
The five CISA pillars are an open acknowledgment that although zero trust sprung out from network security analysts, it has long since climbed up the stack to bring identity and application information to its implementation. This approach means that identity and access management administrators can use zero trust methodologies leveraging broader identity information to directly control responses to access requests to their protected resources. While it does provide far more flexibility than the network approach for cloud-based services, it has also inserted additional usability requirements. Take, for example, the criteria around identity verification. Users aren't going to tolerate repeated authentication requests as they access various resources. Instead, they will defer activities tied directly to productivity.



"Approaching an application from a particular network must not be considered any less risky than approaching it from the public internet."

Office of Management and Budget January 2022 On the B2C side, if zero trust results in a complicated or clumsy interaction with an organization, consumers may very well move over to a competitive offering.

As organizations are being pushed to take a more aggressive approach to reach their zero trust objectives, this paper highlights how adaptive access management technologies can be used to maintain internal and consumer-facing usability.



Because of its control across each session, continuous authentication enables adaptive access management and helps to achieve zero trust security.

Figure 1. Source: Ericom 2021 Zero Trust Market Dynamics Survey

By quite a large margin, IT and Security Teams view Identity and Access Management as central to their zero trust strategy and implementation roadmap. This result illustrates how zero trust has moved up the stack this past decade from its network origins.

Zero Trust—Our Best Defense Against Breaches

Even before the transition to cloud-based services, it was clear that status quo security strategies were not reducing breaches despite tens of billions of dollars of investment. In their latest publication, Verizon's worldwide Data Breach Investigations Report (DBIR)4 emphasized an observation of a trend that's been tracking since 2008 is remains true today:

"Our findings indicate that data compromises are considerably more likely to result from external attacks than from any other source. Nearly three out of four cases yielded evidence pointing outside the victim organization. In keeping with other studies revealing risks inherent to the extended enterprise, business partners were involved in 39 percent of the data breaches handled by our investigators. Internal sources accounted for the fewest number of incidents (18 percent), trailing those of external origin by a ratio of four to one."

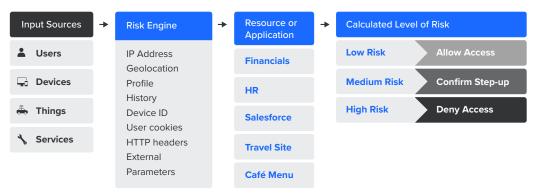
While it's true that internal breaches have been some of the most damaging ones, the dominant threat continues to be from outsiders. Interestingly, the 2022 DBIR reported that internal breaches conducted through the exploitation of privileges tracked at about a tenth of

what they were four years ago. While no explanation behind this trend was given, it should be noted that Least Privilege is a crucial tenant of zero trust. As Opentext's Cybersecurity State of Zero Trust report shows, privilege access management was one of the areas of emphasis for about half of the organizations surveyed.

For threats from outsiders, compromised user credentials continue to be a primary vulnerability. Typical attack methods include:

- Spear phishing or a datastore hack of someone holding a credential common across multiple services.
- Target visiting a website corrupted with cross-site scripting code to dupe the user into handing over his credentials.
- A user's mobile device or some other type of BYOD has been compromised, stolen, or is running a vulnerable unpatched operating system.

While most IT and security teams recognize that identity and access management is essential to reaching a zero trust security level, they realize they still have a way to go before completing that milestone.





The Role of Continuous Authentication in Adaptive Access Management

Zero trust is a welcome addition to the access security model, but it requires an underlying shift to the way access is delivered. With zero trust, neither the user's device nor the origin of the request automatically grants access to services. However, it requires a greater understanding of the context of the question, as well as a higher level of verification of the identity requesting it. It's a rigorous and adaptive level of security.

From the early days of the computer age, digital information has been protected by some type of key, typically a username and password, always at the beginning of a session. Where warranted, a higher security level is established using tokens or two-factor authentication, again, at the beginning of the session. Typically, these configurations are

Beyond just policies, risk events triggered through behavior analytics work with continuous authentication to reduce or block high-risk access. static. The rules are usually simple, meaning that when a step-up authentication is invoked, it is typically based on simple criteria such as whether the user is remote, or the device is known. The defining pattern in these scenarios is that an original level of risk is assessed and adjusted for at the time of the request for access and isn't recalculated for the rest of the session.

With continuous authentication, the system's assessment of whether access to a service should continue is repeatedly reassessed. Access metrics are continuously gathered, and the risk is frequently being recalculated. As IT security groups define the risk models that fit their business, the zero trust paradigm is a closed-loop representation, not an open one. Not only is closed-loop monitoring and control a higher security approach, but the model is conducive to behavioral analytics, which provides a level of identity-centric metrics far beyond standard risk metrics commonly used today. Grant and forget model of access control has its place in enforcing corporate policies but continue to fall short in today's connected world.

As noted earlier, in addition to the security advantages of retaining access control of each session, continuous user tracking does more than just enhance the ability to protect assets it enables you to build a far greater library of user context. This repository of contextual information provides a foundation from which user and entity behavioral analytics (UEBA) can be applied to build a deeper level of risk intelligence that extends far beyond typical risk-based authentication.

In review, continuous authentication provides immediate security benefits as well as more sophisticated protection as time progresses, such as:

- Measuring actions to determine whether the authorization level should be changed offers better protection immediately.
- Gathering contextual information each time protected data is accessed builds a more complete profile of the user's normal behavior.
- Leveraging UEBA technology, executing analytics on contextual data on a regular basis provides a more accurate picture of expected behavior, improving the ability to identify risky situations.

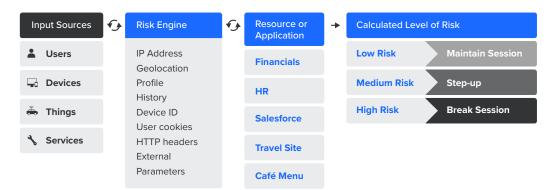


Figure 3. Continuous Authentication and Authorization

The NetIQ product line provides the most comprehensive components needed for an organization to achieve adaptive access management.

- Now, more than ever, monitoring all the different types of Input Sources for risk is essential. For example, API interactions such as microservices account for the bulk of todays data movement. If your organization relies solely on API security checks for programmatic security, you're vulnerable.
- Most metrics fed to the Risk Engine are prescriptive, but External Parameters include more sophisticated contextual information such as UEBA based metrics. Continuous authentication allows continual scoring and active session control.
- Not all your Resource or Applications or other digital resources require the expense of zero trust security or even risk-based protection. To reduce costs, limit zero trust security models to only the resources that need it.
- Expanding your ability to measure user context improves your ability to identify risk behavior and invoke the right action (honor request, invoke additional authentication(s), or terminate session) based on the Calculated Levels of Risk.

Adaptive Access Management for Your Security Infrastructure

As we've discussed, traditional defenses such as firewalls and static access policies and configurations aren't very effective against today's advanced bad actors, who simply bypass them. Instead, upgrading to continuous authentication provides the foundational level of intelligence (advanced user context) and controls needed to power adaptive access management. Continuous authentication applies the same types of risk assessment as basic risk-based authentication but remains active throughout the session. This holistic approach to access management defends against both outsiders, whose favorite tools are compromised credentials (phished or hacked) and man-in-the-middle attacks, as well as insiders who abuse their granted rights or who take advantage of a shared credential to gain unapproved access.

For an adaptive security infrastructure to be effective, security needs to move beyond prescriptive risk policies and lean more on deeper user context and behavior analysis. Security groups may very well find that using a hybrid approach where prescriptive access policies are enforced by default but are given less weight individually as behavioral information is accumulated to high confidence levels for a specific user. To accommodate diverse scenarios, organizations may need a mix of strong and passive authentication methods to apply the best fit based on the situation and risk, i.e., how sensitive the information is and the context of access.

Adaptive Access Management for Your Business

One of the key challenges of expanding user access with continuous authentication is usability. Invariably, there will be policies or behavioral security events that will interrupt legitimate users. So, while a higher level of contextual intelligence is the lifeblood of adaptive access management, no-friction authentication is what makes it valuable. Reducing requests for strong authentication when a risk event is triggered will keep users productive and help eliminate undesirable workarounds.

The most common approach to removing or minimizing these interruptions is to verify the user's identity through passive authentication. Passive authentication can be a biometric (think of Windows Hello), a behavioral characteristic (for example, the unique way people type), or something the user has (such as a Bluetooth-enabled mobile device that is close to the device being used for the request). The larger the library of passive authentication methods available for use, the more flexibility you will have to match the right method to the situation, or the flexibility to invoke multiple types to increase your verification confidence. Another way to use mobile devices to passively verify a user is through the Global System for Mobile Communications (GSM), which is surprisingly accurate Some FIDO devices are completely passive as well.

Each method has strengths and weaknesses, and no single method will meet your needs. If you require frictionless authentication or if you need a mix of no- and low-friction methods for different situations, risk scores, or behavioral events, here are some options for consideration:

- Good quality, wide-touch fingerprint readers
- Voice print
- Low-friction devices provided by FIDO that require only a simple touch or a wave on your smart phone
- · Mobile facial recognition using the smart phone's selfie camera

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Adaptive Access Management Is Core to Zero Trust

In summary, organizations need new access management approaches in order to reach a zero trust level of security—one where the default security behavior assumes a hostile environment. This continuous authentication creates true adaptive access by:

- Extending monitoring and control throughout the session
- Detecting when the risk level has changed since the start of the session and then initiating an authentication request
- Tuning (reducing or increasing) the authorization level based on the identified risk and available identity verification

Today's organizations need risk detection that goes beyond defined policies to include behavioral analytics. The only way to achieve metrics with the needed depth is to gather richer context metrics and apply machine learning to them.

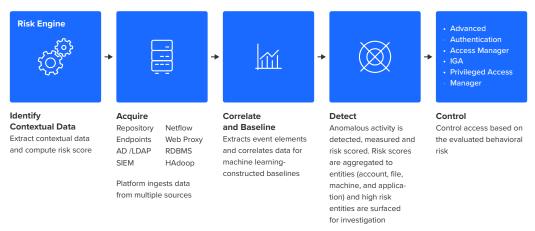


Figure 4. Raising the intelligence of access control through automated learning

No-friction or low-friction authentication is essential to adaptive access. If user disruption isn't minimized, then continuous authentication isn't viable to the business. While the level of acceptable user disruption varies with each organization, the closer it is to zero, the more flexibility you will have to safely deliver access to sensitive information.

Using the NetlQ Product Line to Build Adaptive Access Management

As organizations modernize their identity and access management architecture, they recognize that we offer the richest set of solutions to enforce least privilege, manage identity and access, and build a zero trust environment. Read on to learn about the NetIQ products that IT security teams are using to achieve adaptive access management.



NetIQ Access Manager

Whether it's through the Connector Catalog of prebuilt connectors, or through the selfconfiguration tool Connector Studio, <u>NetIQ Access Manager by OpenText™</u> is noted for its simplicity in supporting SSO and federation. You also have access to the Connector Factory team for public-facing websites if you need help plugging in the right meta-data.

Access Manager also comes with its own reverse proxy, which serves as an application and services gateway. The gateway makes applications accessible across multiple resources and can be configured to simplify the user experience. And although it is often used to add a security layer to legacy applications, you can also use it in conjunction with federated single sign-on to deliver the best user experience.

Based on measure risk, Access Manager can dynamically change a user's authorization to services and make it possible to respond immediately to a threat. Access Manager's ability to enforce an immediate authentication or cut off access makes it an essential element to creating an adaptive access environment.

NetlQ Risk Service

<u>NetlQ Rick Service by OpenText[™]</u> is a next-generation risk engine designed to integrate across entire NetlQ product line. Risk Service currently supports integration with NetlQ Advanced Authentication by OpenText[™] and NetlQ Access Manager by OpenText[™], with more integrations on the way. In addition to offering prescriptive policy-based risk scoring, the Risk Service also supports integration with User and Entity Behavior Analytics (UEBA) solutions such as Interset by OpenText[™]. These integrations offer real-time risk scoring across all protected resources, as well as risk analysis that can be drilled down to each user.

Interset

While Interset isn't part of the NetIQ product line, it is the OpenText[™] solution for applying state-of-the-art machine learning to create the advanced user behavior analysis. Interset gathers user metrics during the entire session, from which it develops fine-grained risk assessment criteria at the user level. Used in conjunction with the Risk Service's built-in engine, Interest offers the unique ability to increase usability while raising security.

NetlQ Advanced Authentication

The <u>NetlQ Advanced Authentication by OpenText[™]</u> is a standards-based, open architecture framework designed to be the single point of integration for the entire organization. It offers dozens of native authentication types, including passive ones. In addition to the security advantage it provides by having all authentication policies in a central location, Advanced Authentication's framework is the perfect infrastructure to build a library of methods (passive and otherwise) as needed. It provides several opportunities for users to verify their identity before being blocked from access. Adaptive Authentication also provides zero trust in conjunction with its multiple authentication types.

To learn more about how OpenText can help you build an adaptive access environment, please visit **www.microfocus.com/en-us/cyberres/identity-access-management**.

About NetlQ

NetIQ provides security solutions that help organizations with workforce and consumer identity and access management at enterprise-scale. By providing secure access, effective governance, scalable automation, and actionable insight, NetIQ customers can achieve greater confidence in their IT security posture across cloud, mobile, and data platforms.

Visit the NetIQ homepage at **www.cyberres.com/netiq** to learn more. Watch video demos on our NetIQ Unplugged YouTube channel at **www.youtube.com/c/NetIQUnplugged**.

NetIQ is part of CyberRes, a Micro Focus line of business.

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